

Community Highlights



Vikings training Camp Recap!

We had an absolutely incredible time at the Vikings Training Camp!

Our youth were filled with excitement and joy as they got the amazing opportunity to meet some of their favorite Minnesota Vikings players up close! From cheering in the stands to walking the field, it was truly a day to remember.

One of the biggest highlights? Getting autographs from the players themselves! Our youth lit up with smiles as they



interacted with the team, asked questions, and felt seen and celebrated by the athletes they look up to.

Huge thank you to the Vikings for creating such a fun, welcoming, and unforgettable experience. This day inspired confidence, pride, and a sense of belonging—and that's what it's all about!

Isuroon at Twins Inclusion at Bat

On Thursday, July 24, 2025, Isuroon proudly joined *Inclusion at Bat: A Night of Unity at Target Field*, hosted by the Minnesota Twins. This powerful event brought together community leaders, local organizations, and changemakers to celebrate inclusion, culture, and collaboration.

From inspiring panels and community conversations to the presentation of the Twins Community Legacy Award, the evening highlighted the importance of unity and equity. Isuroon was honored to connect with partners and uplift East African voices, advancing our shared vision of a future where every community thrives.

Thank you to the Minnesota Twins for organizing this celebration of purpose and togetherness. This is how change begins.



Domestic and Sexual Violence Prevention Conference



We would like to extend our deepest gratitude to our fellow sisters within the East African community for graciously inviting us to be part of this truly unforgettable conference.

It was an honor to come together in a space filled with unity, learning, and powerful conversations that uplift and strengthen our communities. The warmth, wisdom, and collaboration we experienced remind us of the incredible impact we can make when we stand together.



Meet Our Staff

Welcome Shawna Chavez To The Isuroon Family!

Shawna has spent over two decades working behind the scenes in the nonprofit world, keeping



things running smoothly through her expertise in administration, accounting, and operations. She believes that her work is only meaningful when it supports an organization she truly connects with—and she's not here for anything less.

Outside of spreadsheets and systems, Shawna is also a certified End of Life Doula and a Germanic Folk Practitioner and Educator, guiding others in reconnecting with their European ancestral traditions and weaving those practices into modern life and meaningful milestones.

She shares her days with two dogs, a cat, and two gerbils (all of whom are very opinionated), and finds her greatest joy wandering outdoors—watching birds, identifying plants, and generally trying to make friends with every living thing she meets.

Portraits

Abdul Abdi

With 20 years of experience in the IT industry, including a decade as a Lead Software Architect and a significant role as a School Board Director, I am passionate about driving innovation, fostering collaboration, and making a positive impact in both the technology and education sectors.

As a School Board Director, my role is to provide strong leadership and effective governance to the school district. I am dedicated to representing the interests of the community and ensuring the delivery of high-quality education to our students. My responsibilities encompass policy development, overseeing the budget, evaluating and hiring key personnel, and actively fostering community engagement. In this role, I have collaborated with fellow board members, educators, and community stakeholders to make informed decisions that positively impact student outcomes. I have championed initiatives aimed at enhancing educational programs, implementing technology advancements, and fostering an inclusive learning environment for all students.



Get To Know Isuroon

Founded in 2010, Isuroon is a women-led nonprofit dedicated to empowering Somali women and their families in Minnesota. Our mission is to support women in overcoming barriers such as language challenges, racism, and religious intolerance. We offer access to health education, financial literacy, civic engagement, and leadership



development programs. Through strategic partnerships, Isuroon provides culturally competent training and conducts community-centered research to improve health and social outcomes. We help women successfully navigate complex healthcare systems and advocate for their physical, social, and financial well-being. The name “Isuroon” signifies a woman who takes care of herself—reflecting our belief in self-empowerment as the foundation for strong families and communities. At Isuroon, we uplift voices, build resilience, and foster long-term change. [Read More](#)

Resources



Domestic and Sexual Violence Hotline

You Are Not Alone!

At Isuroon, We offer confidential and culturally sensitive support specifically for victims of sexual and domestic violence.

Call Our 24/7 Hotline:
(833) 437-3463

[Learn more](#)



Parent Capacity Services

Isuroon's primary mission is to promote the well-being of children and families by strengthening parenting capabilities, reducing instances of abuse and neglect, and preventing out-of-home placements.

[Learn more](#)



Refugee Support Services

Over the last 12 years, more than 10,000 East African women have attended health and parenting workshops organized by Isuroon. Our staff and volunteers are well aware of the hurdles that new refugees must overcome. To help Afghan newcomers make a strong start in Minnesota, Isuroon is offering a comprehensive set of services, including ESL, cultural orientation, education, system navigation, group support, and case management.

[Learn more](#)



Isuroon (Main Office)

1600 East Lake Street, Suite 1
| Minneapolis, MN 55407
612-886-2731 |
communications@isuroon.org

Burnsville Location

1103 Burnsville Parkway, Suite
203 | Burnsville, MN 55337
952-595-5731 |
dakota@isuroon.org

Roseville Location

2361 Highway 36 W, Roseville,
MN, 55113

Website: <http://Isuroon.org>

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