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Isuroon's International Women's Day and IFTAR
Dinner



INTERNATIONAL WOMEN'S DAY & IFTAR

Embracing Unity, Abundance, and Peace



Saturday, March 8th 2025
5.30pm-7.30pm



Norway House, 913 E Franklin Ave,
Minneapolis, MN 55404,
United States



SCAN TO
REGISTER



ISUROON.ORG

Register Here!

Embracing Unity, Abundance, and Peace

You're invited to join us on March 8th as we celebrate International Women's Day!

This year, we're honored to coincide our celebration with the start of the Fasting Month for our Muslim community. We'll gather at sunset to break the fast together, embracing the Islamic tradition of hospitality and community.

A Celebration for All

Our event is open to people of all faiths, ages, and genders. We believe that our diversity is our strength, and we're committed to creating a space where everyone feels welcome and valued.

A Time for Unity and Reflection

In a time of uncertainty and division, we want to create a space for connection, reflection, and hope. Our celebration will feature:

- Dialogue and reflection
- A community iftar (break-fast) to nourish our bodies and spirits
- Hear Isuroon's goals for 2025 -2030 for women and their families

Event Details:

- Date: March 8 (International Women's Day)
- Time: 5:30PM-7:30 PM
- Location: Norway House, 913 East Franklin Avenue, Minneapolis, MN 55404



Family Spirit Training



Match Made in Heaven: Native American Women and Isuroon Partnership

We're thrilled to announce a groundbreaking partnership between Native American Women and Isuroon, aimed at addressing maternal and child health disparities!

This partnership is a dream come true, and we couldn't be more proud of our team! Congratulations to the Isuroon team on this incredible achievement!

Isuroon's Sexual Violence Prevention Article from
Sahan Journal

YOU ARE NOT ALONE,

Sexual and Domestic Violence Hotline

At Isuroon, we offer confidential and culturally sensitive support specifically for victims of sexual and domestic violence.

Our Free Services:



24/7 Confidential Hotline Support

Always available, always confidential.



Resource Coordination

Connecting you with essential resources like food, shelter, community interventions, and wellness services.



Case Management Services

Personalized support such as: safety planning, crisis intervention, housing assistance, counseling, legal advocacy, and more.



Legal Support

Assistance with legal matters to ensure your rights are protected.

GRAB OUR CONTACTS & GIVE US A CALL

Call Our 24/7 Hotline:
(833) 437-3463



Safe. Private. Here for You.

Visit Us: [Isuroon.org](https://isuroon.org)



[Read Article Here](#)

Sahan Journal made an amazing article highlighting our Sexual violence prevention program and 24-hour hotline! If you or anyone you know are affected by sexual violence or domestic abuse please get in touch with the number above!

WE ARE HERE FOR YOU!

Visit From Japanese students at Hubbs Center Office



It was a great time visiting with the Japanese university students and informing them about the many programs and services Isuroon offers! We wish you all the best with your studies and safe travels back home to Japan!

Visit [Isuroon.org](https://isuroon.org) to learn more about the amazing services we offer!

Volunteer at Isuroon!

VOLUNTEER AT ISUROON



Volunteer with Isuroon: Make a Real Impact! Looking for a meaningful way to give back? Volunteering with Isuroon is more than just an opportunity—it's a chance to empower Somali women and their families to live healthier, more self-sufficient lives.

Use our Galaxy Digital Link below to volunteer for the many opportunities that we offer!!!

<https://volunteer.isuroon.org>

Donate to Isuroon!

Join Isuroon's Community!
 Donate now and empower immigrant women and families! Talk to friends and family about Isuroon's mission! Share your passion and become a champion for Isuroon!



Firefighters (\$1-\$499/year)

1. Emergency housing and food assistance
2. Urgent medical care
3. Legal aid
4. Culturally specific interpretation services



Stabilizers (\$500-\$2,499/year)

1. Job training and employment services
2. Education and literacy programs
3. Health and wellness initiatives
4. Family counseling



Sustainers (\$2,500+/year)

1. Operational expenses and program growth
2. Technology and infrastructure investment
3. Staff retention and development
4. Community outreach and partnerships

Donate Now!



OR CONTACT US
Phone: (612) 886-2731
Email: donate@isuroon.org
Website: www.isuroon.org

Isuroon is dedicated to empowering Somali women and their families through culturally sensitive programs and services. We believe in creating opportunities for education, health, and economic independence, ultimately fostering stronger, healthier communities.

Your support can help us continue our mission and expand our impact. Here's how you can make a difference:

Donate: Your generous contribution will directly support our programs, including education initiatives, healthcare access, and economic empowerment projects.

Editor's note: Donate button has been updated and will redirect you to the correct website.

[Donate Here](#)

Isuroon Partners!



**MINNEAPOLIS
FOUNDATION**



OTTO
BREMER
TRUST



**SAINT PAUL
& MINNESOTA
FOUNDATION**



Minneapolis
City of Lakes

Greater Twin Cities
United Way





Thank You for taking the time to read our Newsletter!

Stay up to date on our activities and services by visiting our website and following our Social media platforms down below!

<https://www.isuroon.org/>



X



Facebook



Instagram



LinkedIn



Snapchat



Website



YouTube

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