

[View this email in your browser](#)



Isuroon Newsletter

January 27th, 2021



Isuroon staff and volunteers helping to distribute and organize food shelf items as part of Isuroon's COVID-19 Response

Trivia: February 6th is the International Day of Zero Tolerance for Female Genital Cutting (FGC). The World Health Organization estimates that globally, nearly 200 million women and girls alive today have undergone female genital cutting in Muslim and Christian communities alike. Join Isuroon as we condemn the practice and focus our efforts on advocating for specialty healthcare for women affected by FGC.

[Donate](#)

[Follow Us!](#)



Take Action!

Calling all OB-GYN Healthcare Professionals!

Resources

[Food Shelf](#)

[Refugee Savings Program](#)

Isuroon is seeking OB-GYN healthcare professionals to help us evaluate the healthcare knowledge and practices surrounding African women. Isuroon seeks to attract a total of **5,000 survey responders** nationwide to evaluate a full-spectrum of OB-GYN healthcare services including mental and physical health services and referrals. The evaluation is designed to inform the healthcare field, African communities, and the general public regarding the pressing challenge of ensuring effective OB-GYN care for African women. This research study is funded by a [Community Innovation Grant](#) provided by the Bush Foundation.

Minnesota-area OB-GYN healthcare professionals and professionals outside of Minnesota are welcomed to take the survey. The survey will take approximately 20 minutes. Isuroon thanks you for your support of the health and well-being of African women!

[Take the Survey!](#)

Program Updates!

Isuroon's Burnsville Office



Isuroon's Burnsville Family Clinic is open and accepting clients!

Our services include:

- System navigation support and translation
- Behavioral health services
- Services for children with disabilities
- Food shelf services
- COVID-19 resources and information

[Youth Programs](#)

[Isuroon's Burnsville Office - Behavioral and Mental Health Housing Eviction Prevention Dakota County Small Business Relief COVID-19 Information](#)

Accomplishments

[COVID-19 Response](#)
[Food Shelf Outreach](#)

Events/Training

January 23rd

[Isuroon Parenting Conference](#)

January 26th - January 29th

[Great MN Schools: Parent and Community Engagement Sessions](#)
[Great MN Schools: Somali](#)

February 2nd

[Outreach and Engagement With Communities of Color: Panel Presentation](#)

For more information about Isuroon's Burnsville Office and Services, click the button below or contact us at behavioral_health@isuroon.org or 952-595-5731

Isuroon's Burnsville Office

Mental Health Services



Isuroon is accepting clients for our Adult rehabilitative mental health services (ARHMS) and outpatient therapy services!

Isuroon's outpatient services aim to provide clients with a safe and nonjudgmental space to manage their mental health. One-on-one sessions with our mental health professionals provide clients with the space to share, receive support, and learn about healthy coping skills.

Our ARHMS services are rehabilitative and prevention based as the program aims to enable clients to develop and enhance stability, personal and emotional adjustment, independent living, and social and community skills when these abilities are impaired or at risk of being impaired by the symptoms of mental illness.

For more information about Isuroon's mental health services, click the button below or contact us at behavioral_health@isuroon.org or 612-236-4835

Youth Program



In partnership with the Office of Refugee Resettlement, Isuroon is offering Somali and East African middle and high school youth and refugee youth virtual programming!

Join in on the conversation with other youth about topics that matter to you! Our youth program gives local Minnesota youth the opportunity to connect with one another, connect with Isuroon's mentors, and get information about important resources and opportunities near you. Group sessions are facilitated once a week, upon completion of the program participants are eligible to receive a gift card.

Interested in joining Isuroon's Youth Program?

Follow the link to register: [Register for Isuroon's Youth Programs](#)

For more information about Isuroon's youth programs, click the button below or contact Muna at munaomohamed@isuroon.org or (612)886-2731

Refugee Savings Program

Save for your future!

\$2,000 + \$2,000 = \$4,000

\$4,000 + \$4,000 = \$8,000



Isuroon's Refugee Savings Program is still accepting clients!

Our Refugee Savings Program is one of very few programs by the federal government to help refugees save for their education and cars to help improve their futures. The program works by matching refugee's savings up to \$4,000 while also facilitating an increased understanding of financial literacy in the United States.

Who is qualified?

Any person who is an employed, legal REFUGEE or ASYLEE, for less than 3 years saving for a car

OR

an employed, legal REFUGEE or ASYLEE for less than 5 years saving for a United States education

For more information about Isuroon's Refugee Savings Program, click the button below or contact Ramla Elmi at ramla@isuroon.org or (612)353-5765

Refugee Savings Program: Somali and English

Isuroon Spotlight: Nasra Hasen



This month we are acknowledging Isuroon's valued team member and community liaison, Nasra Hasen!

Nasra has been with Isuroon since 2018 and works hard to connect community members with the resources they need. Nasra's motto is "anybody who needs my help, I am always there."

We appreciate you and thank you for your hard work, Nasra!

Donate!



Want to help?

Donate to Isuroon to support programs like our culturally specific food shelf! Your support helps us continue to provide services and supplies to our communities.

Use the button below to donate, we thank you for your support!

Donate

Copyright © 2021 Isuroon, All rights reserved.

Isuroon (Main Office)

1600 East Lake Street, Suite 1 | Minneapolis, MN 55407
612-886-2731 | communications@isuroon.org

Burnsville Location

1103 Burnsville Parkway, Suite 203 | Burnsville, MN 55337
952-595-5731 | dakota@isuroon.org

Faribault Location

324 Central Ave N | Faribault, MN 55021
507-351-8015

Want to change how you receive these emails?
You can update your preferences or unsubscribe from this list.