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Isuroon Newsletter

February 23rd, 2021

Resources and Information

[Food Shelf](#)

[COVID-19 Information](#)

[COVID-19 Vaccine Info - Somali](#)

[COVID-19 Vaccine Info - Video](#)

[Eviction Prevention Resources](#)

[Demand MPS ensure quality education for all](#)

Events

SAVE THE DATE

03.08.2021

10:00 A.M. - 3:00 P.M. CST

International Women of African Descent Day Virtual Conference

Promoting Women of African Descent



Join us on **Monday, March 8th from 10 a.m. - 3 p.m. CST** for Isuroon's International Women of African Descent Day Virtual Conference! Through panel discussions, presentations, and interactive workshops, we will address key issues impacting women of African descent including:

- **Economic inequality**
- **Culturally sensitive healthcare**
- **COVID-19 and its impact on women of color**
- **Emotional health and resiliency**
- **The Muslim Ban its effect on African communities**
- **Political involvement to drive positive change**

Over the course of the day, we will honor the strength of our women, families, and communities; address the disparities that exist in Minnesota and the United States; and identify ways that we can promote the lives of women of African descent.

Tickets are **FREE**, register for the online event using the button below!

[Register](#)

Take Action!

Calling all OB-GYN Healthcare Professionals!

Isuroon is seeking OB-GYN healthcare professionals to help us evaluate the healthcare knowledge and practices surrounding African women. Isuroon seeks to attract a total of **5,000 survey responders** nationwide to evaluate a full-spectrum of OB-GYN healthcare services including mental and physical health services and referrals. The evaluation is designed to inform the healthcare field, African communities, and the general public regarding the pressing challenge of ensuring effective OB-GYN care for African women. This research study is funded by a [Community Innovation Grant](#) provided by the Bush Foundation.

Minnesota-area OB-GYN healthcare professionals and professionals outside of Minnesota are welcomed to take the survey. The survey will take approximately 20 minutes. Isuroon thanks you for your support of the health and well-being of African women!

Take the Survey!

Isuroon News

Isuroon's board chair, Mary Turner, chosen as a member of the COVID-19 Health Equity Task Force!



This month we are celebrating Isuroon board chair and Minnesota Nurses Association

president, Mary Turner, as she is announced a member of the Biden-Harris Administration COVID-19 Health Equity Task Force!

"That boots on the ground perspective, that's what I can bring," Turner says. "I think that's what's often missed in policy making is what's actually going on, on the ground with people."

We are proud of Mary and the work she does to promote the health of immigrant communities!

Team Member Highlight

Ramla Elmi

This month we are acknowledging our valued team member and program coordinator, Ramla Elmi!

Ramla is Isuroon's program coordinator for the Refugee Savings and Youth Programs. Ramla works hard to connect refugees, asylees, and youth with the resources and opportunities that enable them to thrive.

We appreciate you and thank you for your hard work, Ramla!



Accomplishments

COVID-19 Housing Assistance Program



Through our partnership with Minnesota Housing, Isuroon has been able to serve over 500 families through the COVID-19 Housing Assistance Program!

An Isuroon funder made note of our COVID-19 efforts: "\$2 M in assistance/housing assistance and more than \$600,000 in food and basic supplies directly to Minnesotans is an astounding accomplishment especially with a lean staff that put themselves at risk in order to distribute."

We couldn't have done it without the hard work of our team! Click the button below to learn more about Isuroon's COVID-19 response.

[Isuroon's COVID-19 Response](#)

Program Updates

Burnsville Family Clinic

Isuroon's Burnsville Family Clinic is open and accepting clients!
Our services include:

- System Navigation Support and Translation
- Behavioral Health Service
- Services for children with disabilities
- Food Shelf Services
- COVID-19 Resources and Information

For more information about Isuroon's Burnsville Office and Services, click the button below or contact us at behavioral_health@isuroon.org or 952-595-5731

Isuroon's Burnsville Office

Mental Health Services



Isuroon is accepting clients for our Adult rehabilitative mental health services (ARHMS) and outpatient therapy services!

Isuroon's outpatient services aim to provide clients with a safe and nonjudgmental space to manage their mental health. One-on-one sessions with our mental health professionals provide clients with the space to share, receive support, and learn about healthy coping skills.

Our ARHMS services are rehabilitative and prevention based as the program aims to enable clients to develop and enhance stability, personal and emotional adjustment, independent living, and social and community skills when these abilities are impaired or at risk of being impaired by the symptoms of mental illness.

For more information about Isuroon's mental health services, click the button below or contact us at dakota@isuroon.org or 612-236-4835

Refugee Savings Program

Save for your future!

\$2,000 + \$2,000 = \$4,000

\$4,000 + \$4,000 = \$8,000



Isuroon's Refugee Savings Program is still accepting clients! Our Refugee Savings Program is one of very few programs by the federal government to help refugees save for their education and cars to help improve their futures. The program works by matchings refugee's savings up to \$4,000 while also facilitating an increased understanding of financial literacy in the United States.

Who is qualified?

Any person who is an employed legal REFUGEE or ASYLEE, for less than 3 years saving for a car

OR

an employed legal REFUGEE or ASYLEE for less than 5 years saving for a United States education

For more information about Isuroon's Refugee Savings Program, click the button below or contact Ramla Elmi at ramla@isuroon.org or (612)353-5765

Refugee Savings Program: Somali and English

Youth Programming



In partnership with the Office of Refugee Resettlement, Isuroon is offering Somali and East African middle and high school youth and refugee youth virtual programming!

Join in on the conversation with other youth about topics that matter to you! Our youth program gives local Minnesota youth the opportunity to connect with one another, connect with Isuroon's mentors, and get information about important resources and opportunities near you. Group sessions are facilitated once a week, upon completion of the program participants are eligible to receive a gift card.

Interested in joining Isuroon's Youth Program?

Follow the link to register: [Register for Isuroon's Youth Programs](#)

For more information about Isuroon's youth programs,
click the button below or contact Muna at
munaomohamed@isuroon.org or (612)886-2731

We need your help!

Donate to Isuroon to support programs such as our culturally appropriate halal food shelf! Your support helps us to provide services and supplies to our communities.

Use the button below to donate, thank you!

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Isuroon Website

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